



| 2024 |

Annual Report

Intro Letter

Dear Friends and Supporters,

This past year has been a remarkable chapter in Regional Care Group's story of growth, impact, and resilience—all strengthening our mission to deliver comprehensive, integrated healthcare and social services. As we reflect on these accomplishments, what stands out most is the unwavering dedication of our teams across Regional Health Systems, Geminus, and Lake Park Residential Care. Their tireless efforts have transformed challenges into opportunities, allowing us to expand our reach and bring meaningful change to more lives than ever before.

Geminus extended its vital services into Porter and La Porte counties, embodying our commitment to empowering children and families. The ribbon-cutting of the Strengthening Indiana Families Family Resource Center in La Porte marked the start of a collaborative mission to provide essential social services and fortify the fabric of our communities. In Porter County, the groundbreaking of the Geminus Head Start Early Learning Center demonstrated our dedication to early childhood education, creating a space that will nurture young minds, support working families, and lay the foundation for a brighter future.

Regional Health Systems made tremendous strides in healthcare access and innovation. The launch of the Mobile Health Clinic was a giant leap toward health equity, bringing vital services to underserved populations wherever they are. Construction began on the Crisis C.A.R.E. Unit, a facility designed to provide immediate care for those facing behavioral health crises. This initiative represents our unwavering resolve to offer compassionate, timely intervention for individuals in need, reaffirming our belief that no one should have to face a crisis alone.

Throughout Lake County, we engaged with our communities through events that fostered connection, support, and celebration. The National Health Center Week Block Party at our Hammond Primary Care location provided families with health screenings, music, free lunches, haircuts, and massages, creating a welcoming space for care and community. The New Beginnings Clubhouse hosted its Night of Stars Prom, bringing joy to members with music, laughter, and a celebration of their achievements. We also highlighted the importance of healthcare access with a Juneteenth health event and strengthened support for Lake Park Residential Care through our second annual Black and White Ball, raising funds and awareness to enhance services for residents. These events reflect our ongoing commitment to meaningful community engagement and ensuring those we serve feel supported every step of the way.

In addition to these milestone events, Regional Care Group organized networking opportunities that united healthcare professionals, social service providers, and community leaders. These collaborations are the cornerstone of our mission, sparking new ideas and partnerships that amplify our impact.

As we look to the future, we are both inspired by how far we've come and energized by the work still ahead. Every new endeavor strengthens our resolve to serve as a trusted partner in health and well-being. Together, we will continue breaking barriers, building bridges, and ensuring that every individual—no matter their background or circumstances—receives the care, support, and opportunities they deserve.

Thank you for standing with us on this journey. Your belief in our mission fuels our drive to make a difference every day.

William Trowbridge



Vision

CARE TODAY, BETTER TOMORROW

Our collective vision is to provide care today for an individual and their family so that they have a better tomorrow. It is our collective offering of mental health, primary health and social health care to individuals and their families, at any age and at any point in their life's course, that will build better tomorrows and ultimately, lifelong resiliency.



Values

We can achieve our vision by living our core values.



CARE

Whole-person care. We utilize our comprehensive continuum of care to support individuals' and their families' emotional, physical and intellectual well-being.



PARTNERSHIP

We partner across corporations to help our clients and their families achieve life-long resiliency, and we partner with are clients to get them the help they need.



COMMUNITY

We're community-based, here to support the needs of our communities.



RESILIENCY

We want people's emotional, cognitive and physical well-being to be resilient—across the course of their lives. The more resilient individuals are, then the more resilient our communities, collectively, will be.

We're invested in our community today to create a better tomorrow.

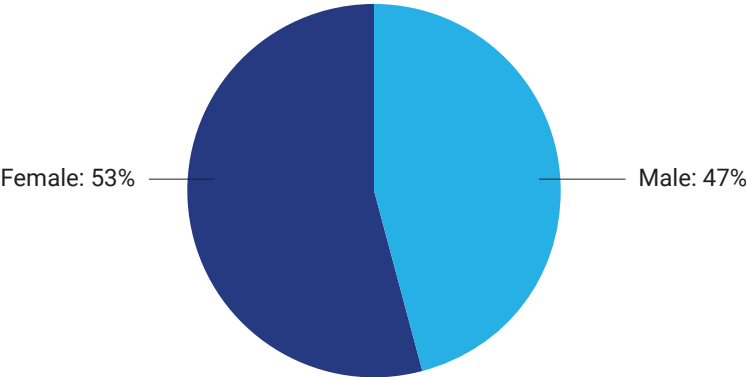
Our approach to whole-person care supports overall well-being and behavioral health resiliency. With outpatient and residential behavioral health services, substance use services, emergency services, school-based therapy, case management services, and more, our Regional Health Systems' programs work to make our clients feel whole again.



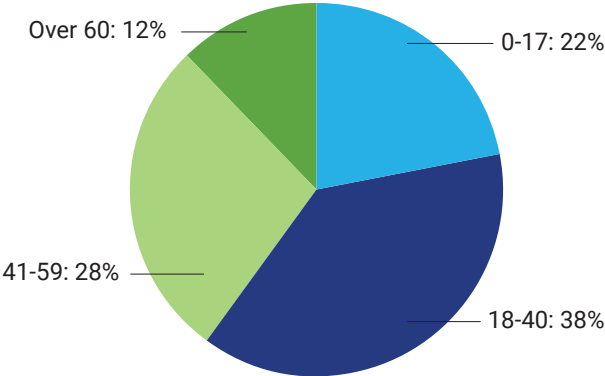
2024 Fiscal Year

The data below represents RCG clients serviced by RCG's behavioral health programs.

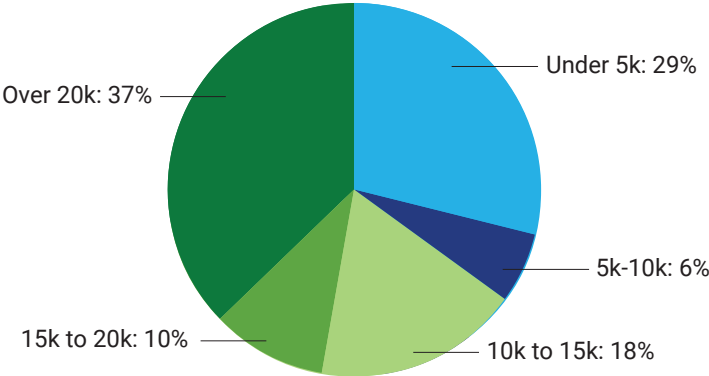
GENDER



AGE

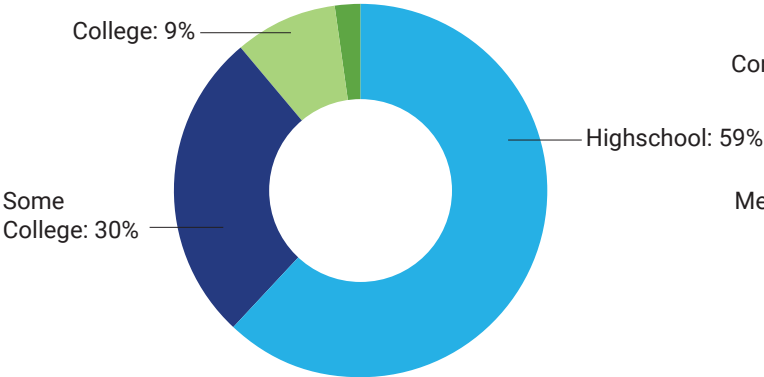


INCOME

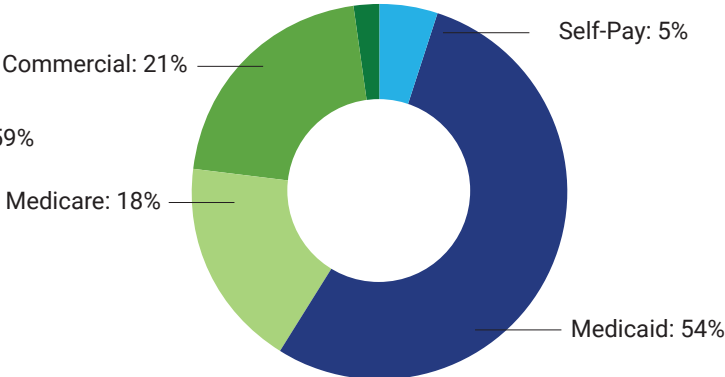


2024 Fiscal Year, cont.

EDUCATION



PAYMENT



8,319

Mental Health Clients

1,220

Substance Abuse Clients

1,073

Dual Mental Health +
Primary Care Clients

Our primary care clinics are accredited by The Joint Commission in Ambulatory Care, while also maintaining certification as a Primary Care Medical Home (PCMH). Our teams help patients learn to manage their health care through education, preventative screenings and coordination of health care needs with specialists. We take pride in our strong provider patient relationship. The result is individualized patient-centered care.

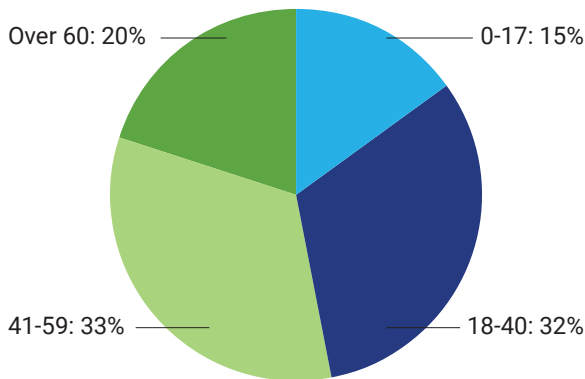
Regional Health Systems provides four core services under our primary care. Your individual needs are a priority whether you need family medicine, dental care, pediatrics, and/or senior care. Our locations also offer behavioral health, routine laboratory services, health screenings, health education, meal planning and more.



2024 Fiscal Year

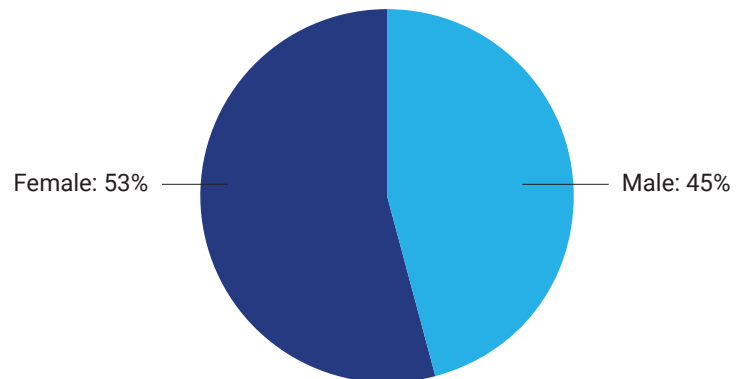
The data below represents RCG clients serviced by RCG’s primary care programs.

AGE



Total 5,373

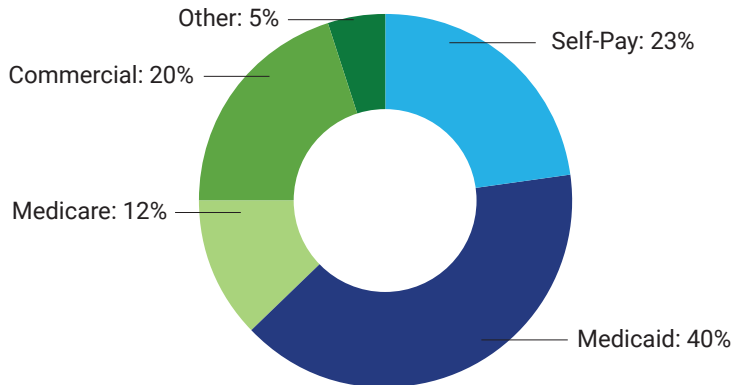
GENDER



Total 5,373

2024 Fiscal Year, cont.

PAYMENT

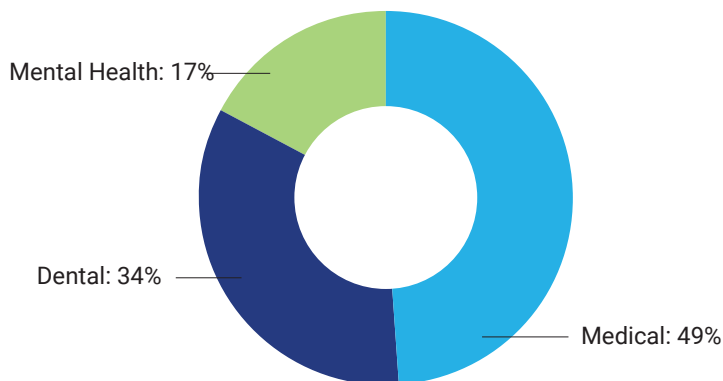


Total 5,373



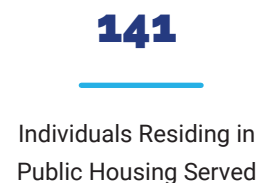
Regional Health Systems also provides dental care for all ages at our Hammond Care Campus with services including routine cleanings, exams, fillings, extractions, and emergency dental services.

VISITS BY TYPE



Total 12,399

Regional Health Systems receives several subpopulation grants to serve homeless individuals as well as people who reside in public housing. All our clinics are within 2 miles of public housing, reducing the barriers to accessing care.



Prevention Services

To continue the change for a healthier tomorrow through mental health awareness and community engagement, we work tirelessly to prevent and reduce alcohol, tobacco and illicit drug use and stop suicide.

LAKE COUNTY'S SAFE (SUPPORTING ADDICTION FREE ENVIRONMENTS) COALITION

Our coalition members consist of both individuals and organizations that make up our three pillars, Prevention (Education), Support (Treatment & Intervention), and Accountability (Law Enforcement & Legislation). Active coalition members are eligible to apply for funding to combat drug and alcohol misuse or abuse.

Grant Funded Coalition Members: FY 2024 **20**

EVIDENCE-BASED STRATEGIES

To build safe and healthy communities that reduce substance misuse and promote mental health awareness, Prevention Services administers numerous state and federal grants. Each grant has specific goals, strategies and communities for implementation.

Individuals Reached Through Direct Programming: FY 2024 **14,364**

Reach of Social Norms/Environmental Campaigns: FY 2024 **60,477,667**

Family Services

Each year family service programs at Geminus reach thousands of Hoosiers in northern Indiana, providing critical social service resources to support local children and families.

COMMUNITY PARTNERS

For families seeking to manage obstacles such as job loss, behavioral issues, domestic violence, addiction and other concerns, Community Partners provides assistance including job counseling, parenting classes and advice on how to make use of local community services that help keep families healthy, happy, and together. Last year, through its programs and events, Community Partners reached:

Families FY 2024	1,532
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Kids FY 2024	3,612
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CIRCLE AROUND FAMILIES (CAF)

Families with children exhibiting emotional and behavioral problems, who are at risk of placement outside the home, are supported through a cross system of care with individualized care plans to help support the child and family. Children are referred to by the Lake County Juvenile Justice Court System and the Indiana Department of Child Services.

New Clients Supported FY 2024	36
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Total Cases Closed FY 2024	27
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Family Services, cont.

REAL FATHERS INITIATIVE

To increase the involvement of fathers' roles in the lives of their children, we focus on teaching fathers how to be effective parents and how to engage with their children. With counseling on an educational, vocational and family planning level, participants also collaborate with a family advocate to assist with housing, transportation, employment assistance and visitation with children, and more.

New Participants Assisted FY 2024	135
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Successfully Re-Engaged Clients FY 2024	5
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ABUSE INTERVENTION MANAGEMENT

Geminus Batterer's Intervention Program, Abuse Intervention Management, is an Indiana State Certified Batterers Intervention Program in Lake County for men and women. All of the AIM Program facilitators are certified in Domestic Abuse Intervention Programs through the Duluth Model. We work to keep children and families safe in a healthy environment to begin the process for change.

New Clients Enrolled to Keep Safe	140
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Men	120
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Women	20
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Family Services, cont.

TRUANCY PREVENTION PROGRAM

To assist families dealing with truancy issues, we partner with Lake County school corporations to address challenges before they escalate to the county juvenile court system and the Indiana Department of Child Services.

Families Helped FY 2024	154
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OLDER YOUTH SERVICES

This program improves outcomes for children placed in foster care. Clients are taught skills to become self-sufficient and receive help enrolling in college, finding a place to live, looking for a job and more.

Youth Served	179
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FAMILY PRESERVATION

This program partners with Regional Health Systems to provide eligible families with services and skills that reduce out-of-home placement of their children.

Families Served	104
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Early Childhood

CHILD AND ADULT CARE FOOD PROGRAM (CACFP)

Specifically geared towards increasing a child's access to nutritious meals while in child care, Daily Bread reimburses child daycare homes and centers with funding from the USDA Child & Adult Care Food Program (CACFP). Daily Bread ensures child care homes and centers meet CACFP standards for enrolled children and provides training in menu planning and preparation as well as sanitation and administration.

Homes Served FY 2024	50
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Head Start (affiliated centers)	10
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SUPPORTING FAMILIES, YOUNG CHILDREN AND OUR COMMUNITIES (CCR&R)

Our community-based, Child Care Resource and Referral program provides professional support to families, programs, employers and community partners in Northern Indiana.

Unique Families that received Childcare Referrals in FY 2024 Served 616 unique families through 803 referrals

NORTHWEST INDIANA CHILD CARE DEVELOPMENT FUND VOUCHER PROGRAM (CCDF)

In FY 2022 approximately 4,500 parents were served in Lake and Laporte County. This access helped low-income families obtain child care so that they could work, attend training or continue their education.

Assists income-eligible families in Lake and Laporte counties with childcare options and costs.

Number of CCDF Children Enrolled in High-Quality Care FY 2024:

Lake County	3,938
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LaPorte County	676
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Early Childhood, cont.

HEAD START

Head Start, our longest running early childhood education program, is Northwest Indiana's leader in early childhood education—making positive impacts on families, children, and staff through creative partnerships that inspire personal growth, foster empowerment and provide quality comprehensive services for all. We make it convenient for families to access quality early learning and social services. For more info view our 2023:

- Head Start and Early Head Start (EHS) served children and families in 27 locations throughout Lake and Porter counties in FY 2023
- The Early Head Start Child Care Partnership Program served children and families in 13 locations in Lake County in FY 2023.

Total number served in Head Start	1,186
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Total number served in Early Head Start	169 children, 63 pregnant women
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SUPPORT SERVICES FOR CHILD CARE PROVIDERS (TA/SPARK)

We provide early childhood educators with professional development training, resources, coaching and more. Our mission is to bring a relentless focus on positive child and family outcomes and build a better future for children, families, and communities.

Unique FCC providers trained through Town Square content (monthly average)	310
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Town Square certificates issued to FCC providers through asynchronous training, instructor-led webinars, and in-person training	3,716
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FCC Programs Enrolled in Paths to QUALITY	135
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FCC Programs Advancing in Paths to QUALITY	202
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Early Childhood, cont.

IV-B INTENSIVE HOME AND COMMUNITY-BASED PROGRAM

The IV-B Intensive Home and Community-Based Program offers a complete service array for those children and families that are court ordered for services through DCS and probation due to issues surrounding abuse and neglect. Geminus has DCS service contracts for the following services. Home-based individual and family therapy, Case management, Parent Education, Diagnostic and Evaluating Assessments (Substance Abuse Assessments), Parenting Assessments, Supervised Visitation/Therapeutic Supervised Visitation.

New Participants Assisted FY 2024

251

Assets

	REGIONAL HEALTH SYSTEMS & HUD CORPORATIONS	GEMINUS	LAKE PARK RESIDENTIAL CARE
Cash & Other Current Assets	\$24,380,138	\$18,425,642	\$1,241,707
Net Property & Equipment	\$25,284,574	\$10,138,499	\$1,737,146
Investments & Other Assets	\$21,824,745	\$16,404,887	\$20,656
Total Assets	\$71,795,120	\$48,357,753	\$2,999,509

Liabilities & Net Assets

	REGIONAL HEALTH SYSTEMS & HUD CORPORATIONS	GEMINUS	LAKE PARK RESIDENTIAL CARE
Accounts Payable & other Current Liabilities	\$9,167,539	\$6,875,142	\$2,916,267
Long Term Debt & Operating Lease Liabilities	\$1,010,642	\$65,930	\$554,127
Unrestricted & Board Designated Net Assets	\$61,411,500	\$41,482,611	(\$470,885)
Total Liabilities	\$71,795,120	\$48,357,753	\$2,999,509

Revenue

	REGIONAL HEALTH SYSTEMS & HUD CORPORATIONS	GEMINUS	LAKE PARK RESIDENTIAL CARE
Net Client Service Revenue	\$21,495,633	N/A	\$2,375,916
In-Kind Program Revenue	N/A	\$711,275	N/A
Client Revenue by Funding Source (Percentage):			
Medicaid	65%	N/A	100%
Self-Pay	9%	N/A	N/A
Medicare	10%	N/A	N/A
Third Party	16%	N/A	N/A
Government Contracts & Grants	\$38,414,009	\$46,413,088	N/A
Non-Operating Revenue	\$3,886,781	\$3,612,822	\$62,161
Government Contracts & Grants	\$47,060,913	\$54,938,624	\$2,375,916

Expenses by Program

	REGIONAL HEALTH SYSTEMS & HUD CORPORATIONS	GEMINUS	LAKE PARK RESIDENTIAL CARE
Inpatient	\$3,124,877	N/A	N/A
Residential	\$5,633,861	N/A	\$2,375,916
Day Treatment and Intensive Outpatient	\$2,022,698	N/A	N/A
Outpatient CMHC	\$18,965,471	N/A	N/A
Health Clinic	\$8,550,610	N/A	N/A
Consultation & Education	\$116,492	N/A	N/A
Head Start	N/A	\$19,413,020	N/A
Day Care Programs	N/A	\$3,647,109	N/A
Family Services	N/A	\$7,793,343	N/A
Emergency Rental Assistance	N/A	\$40,997	N/A
Prevention Services	N/A	\$1,384,511	N/A
Geminus ASO & Other Grants	N/A	\$14,706,228	N/A
Administration & Support	\$7,564,651	\$3,608,834	N/A
Total Expenses	\$45,978,660	\$51,329,790	\$2,637,906
Net Income	\$3,499,424	\$7,221,656	\$199,829

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Board Chair

Dan Klein

Gary Johnson

Thomas O'Donnell

Linda Jonaitis

Vice Chair

Danny Lackey

Johnathan Petersen

Judge Gina Jones*

Amy Han, Ph.D

Secretary/Treasurer

Donald Levinson

Madriel Terrell

Terrence M. Quinn*

**Denotes partial year*

Executive Staff

REGIONAL CARE GROUP

William Trowbridge, DHA, JD, MBA

President/CEO

Sonia Magallon, MS

Chief Operating Officer

LaShaun Woods, CPA

Chief Financial Officer

Sherman Hayes, MBA

Chief Information Officer

Rachel Baikitis, MBA

Vice President, Quality Assurance

Diana Martinez, MBA

Chief Human Resource Officer

Eric Evans, MA

*Vice President of
Business Development*

REGIONAL HEALTH SYSTEMS

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President/CEO

Kobie Douglas, MD

Chief Medical Officer

Sonia Magallon, MS

Chief Operating Officer

Angela Comsa, MSW, LCSW

*Chief Clinical Officer and
Vice President, Community
Mental Health Services*

Amy Lopez, MBA

*Executive Director, Health Clinic and
Vice President, Primary Care*

Steve Runyon, RN

Chief Nursing Officer

Rujuta Gandhi, MD

Primary Care Medical Director

GEMINUS

William Trowbridge, DHA, JD, MBA

CEO

Sonia Magallon, MS

President

Karen Carradine, EdD

*Vice President,
Early Childhood Services*

Nicholas Neal, MS

Vice President, Community Services

Executive Staff, cont.

LAKE PARK RESIDENTIAL CARE

William Trowbridge, DHA, JD, MBA

President/CEO

Joelynn Miller-Johnson, MBA

Administrator

